

# The Versatile Scapular System

## Course Agenda

8:00 AM	Registration
8:30 AM	Introductions & Lecture/Groundwork
9:45 AM	Break
10:00 AM	Structural & Postural Examination/Observations
10:30 AM	Scapulohumeral Examination & Treatment Strategies
11:45 AM	Scapulothoracic Examination & Treatment Strategies
12:15 PM	Lunch
12:45 PM	Scapulothoracic Examination & Treatment Strategies continued
1:45 PM	Upper Rib Examination & Treatment Strategies
2:15 PM	Break
2:30 PM	Thoracic Examination & Treatment Strategies
3:15 PM	Taping Techniques
3:45 PM	Integrated Strengthening Strategies
4:00 PM	Case Studies
4:30 PM	Conclusion